



melian

BOUTIQUE HOTEL & SPA

MILOS

Massages & Therapies

Massages

BACK & NECK

This massage soothes away the extra tension of upper body. The use of herbal oil helps knots break down, improves your flexibility and makes you feel relaxed and re-energized.

30 mins. | € 60

ANTISTRESS

From feet to head, relax your body and relieve stress with this Greek massage.

45 mins. | € 75

DEEP TISSUE

A therapeutic massage that concentrates on easing muscle tension, restoring normal movement and relieving chronic pain. Occasionally, massage cups are used to lift connective tissue and improve blood flow.

45 mins. | € 85

HOLISTIC

Full body massage that relaxes muscles, aids lymphatic detox, improves energy flow and reduces physical and emotional stress.

60 mins. | € 100

LAVA SHELLS

A journey of the senses with lava heated organic shells. A full body massage that uses the benefits of warm shells to enhance blood flow, relax tension & expels harmful toxins.

60 mins. | € 110

EXOTIC BLOSSOM

A full body and head massage with the authentic Polynesian "Monoï de Tahiti" oil, moisturizes and nourishes dehydrated skin and damaged hair, and enhances sun tanning. Deep hand movements, gentle pressures and exotic perfumes relieve tired body areas.

60 mins. | € 110

CANDLE

A full body aromatherapy massage based on the use of warm scented candles that create a unique atmosphere of peace and rejuvenation. It combines a variety of massages and gentle presses with a creamy hot wax, which nourishes the skin in depth and gives it a wonderful feeling of softness.

60 mins. | € 110

Spa Deluxe

TRAVELER RELAXATION

The ultimate rejuvenating facial treatment and body massage that promotes total relaxation and soothing the stress of travel.

60 mins. | € 100

90 mins. | € 140

AROMA VEDIC

Holistic body massage and facial treatment, inspired from an Indian ritual with essences of exotic flowers. This treatment revitalizes body and mind and leaves skin smooth and delicate.

90 mins. | € 140

APHRODITE'S SECRET

Aphrodite the goddess of beauty and love reveals her secrets through a body exfoliation followed by a full body massage and a luxury face treatment.

This ritual gives your skin freshness, elasticity, radiance and beauty.

100 mins. | € 160

FOR HER

The ultimate spa deluxe ritual for women offering hot steam, full body exfoliation, massage with hot lava shells and a facial treatment of your choice.

120 mins. | € 210

FOR HIM

A deluxe ritual specially designed for men offering hot steam, full body exfoliation, massage with warm essential oils and facial treatment.

120 mins. | € 200

Body Treatments

BODY SCRUB

Body exfoliation treatment for smooth and glowing skin followed by hydration with body lotion.

40 mins. | € 60

ALOE DEEP HYDRATION

Strengthen your skin's natural defenses with a treatment that deeply hydrates and balances skin moisture levels. A combination of a relaxing massage and a refreshing body mask. An effective treatment for dry dehydrated skin, also ideal after excessive sun exposure.

60 mins. | € 80

SUN TUN

A full body exfoliation & gentle relaxing massage with coconut oil, hyaluronic acid & white tea extract for a long-lasting sun tanning.

60 mins. | € 80

Face Therapies

ULTRA-HYDRA THERAPY

Deep hydrating treatment with a strong combination of softening ingredients, designed to address the signs of dryness.

60 mins. | € 80

SOOTHING THERAPY

Designed for people with delicate skin, this soothing and nourishing treatment minimizes redness and inflammation, leaving a healthy, hydrated and purified complexion.

60 mins. | € 80

REBALANCING THERAPY

A purifying and rebalancing treatment for oily and blemished skin. This deep cleansing treatment is designed to dive into those pores, clear them out gently, tone and moisturize your skin to gain the right balance.

60 mins. | € 80

REJUVANCE NATURAL LIFTING

A luxurious and regenerating facial treatment helping to minimize fine lines and wrinkles. This treatment visibly improves the appearance of the skin, leaving the complexion feeling toned and rejuvenated.

60 mins. | € 90

TAILORED FOR MEN

Facial treatment, tailored to the needs of male skin. Moisturizes and accelerates skin regeneration.

60 mins. | € 70