



melian

BOUTIQUE HOTEL & SPA

MILOS

SPA
MENU





MASSAGES

HOLISTIC

Full body massage that benefits the mind, body and spirit, relaxes muscles, aids lymphatic drainage, improves energy flow and reduces physical and emotional stress.

60 mins. | € 80

AROMA

Aromatherapy is a deeply relaxing full body & facial massage that uses pure essential oils to awakening mind and body senses.

70 mins. | € 90

LAVA SHELLS

A journey of the senses with lava heated organic shells. A full body massage that uses the benefits of warm shells to enhance blood flow, relax tension & expels harmful toxins.

60 mins. | € 90

EXOTIC BLOSSOM

A full body and head massage with the authentic Polynesian "Monoi de Tahiti" oil, offers moisture and nourishment to dehydrated skin and damaged hair, while enhances sun tannin. Deep hand movements, gentle pressures and exotic perfumes will relive tired body areas.

60 mins. | € 90

RELAX

Full body massage offering the absolute relaxation through soothing techniques.

50 mins. | € 60

DEEP TISSUE

A therapeutic massage that concentrates on easing muscle tension, restoring normal movement and relieving chronic pain. Occasionally, massage cups are used to lift connective tissue and improve blood flow.

40 mins. | € 65

BACK & NECK

This massage will soothe away the extra tension of upper body. The use of herbal oil will help break down knots, improve your flexibility and make you feel relaxed and re-energized.

30 mins. | € 50

FEET & LEGS

Designed to extinguish the feeling of heavy feet & legs, this massage contributes to full-body relaxation and diminishment of stress and anxiety.

50 mins. | € 65

* IN-ROOM MASSAGE 20% ADDITIONAL CHARGE.



FACE THERAPIES

ULTRA-HYDRA THERAPY

Deep hydrating treatment with a strong combination of softening ingredients, designed to address the signs of dryness.

60 mins. | € 65

SOOTHING THERAPY

Designed for people with delicate skin, this soothing and nourishing treatment minimizes redness and inflammation, leaving a healthy, hydrated and purified complexion.

60 mins. | € 65

REBALANCING THERAPY

A purifying and rebalancing treatment for oily and blemished skin. This deep-cleansing treatment is designed to dive into those pores, clear them out gently, tone and moisturize your skin to gain the right balance.

60 mins. | € 65

REJUVANCE NATURAL LIFTING

A luxurious and regenerating facial treatment helping to minimize fine lines and wrinkles. This treatment visibly improves the appearance of the skin, leaving the complexion feeling toned and rejuvenated.

60 mins. | € 80

TAILORED FOR MEN

Facial treatment, tailored to the needs of male skin. Moisturizes and accelerates skin regeneration.

60 mins. | € 65



BODY TREATMENTS

BODY SCRUB

Body exfoliation treatment for smooth and glowing skin.

40 mins. | € 50

ALOE DEEP HYDRATION

Strengthen your skin's natural defenses with a treatment that deeply hydrates and balances skin moisture levels. A combination of a relaxing massage and a refreshing body mask. An effective treatment for dry dehydrated skin, also ideal after excessive sun exposure.

70 mins. | € 80

BODY DETOX

An effective slimming and firming body treatment that tightens and tones skin strengthens lipolysis and anti-cellulite action, finishes with body massage with lymphatic movements. This treatment complements a program of weight loss and detoxification.

70 mins. | € 90



SPA DELUXE

TRAVELER RELAXATION

The ultimate rejuvenating facial treatment and body massage, that promotes total relaxation and soothing the stress of travel.

60 mins. | € 80, 90 mins. | € 110

AROMA VEDIC

Holistic body massage and facial treatment, inspired from an Indian ritual with essences of exotic flowers. This treatment revitalizes body and mind and leaves skin smooth and delicate.

90 mins. | € 120

APHRODITE'S SECRET

Aphrodite the goddess of beauty and love reveals her secrets through a luxury face and body treatment and body massage. This ritual gives your skin freshness, elasticity, radiance and beauty.

100 mins. | € 150

HERBAL NATURE

This traditional face and body treatment followed by a relaxing body massage, takes you on a journey with Greek herbal beauty recipes. Natural essential oils, moisturizing and soothing herbs, offer hydration, nourishment and a more rejuvenated body.

100 mins. | € 150

FOR HER

The ultimate spa deluxe ritual for women offering hot steam, full body exfoliation, massage with hot lava shells, body wrap and facial mask.

120 mins. | € 180

FOR HIM

A deluxe ritual specially designed for men offering hot steam, full body exfoliation, massage with warm essential oils and facial treatment.

120 mins. | € 165

OTHER SERVICES

Hamam 30 mins. | € 25

Jacuzzi 30 mins. | € 35

Waxing , Nails & Hair Care (on request)

MELIAN SPA INFORMATION

For appointments and operating times, please contact the reception. Please plan to arrive at least fifteen minutes prior to your treatment, to register & de-stress.

DELAYED POLICY

Please note that a late arrival will determine the length of your treatment.

CANCELLATION POLICY

If you wish to re-schedule or cancel your appointment, please notify us at least four hours in advance. No-show will be charged at full price.

MOBILE TELEPHONES

Please respect the tranquil environment and avoid from bringing mobile telephones to the spa area.



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